

SAFEGUARDING CHILDREN

Information for young people

We believe that every child is precious and has a right to be kept safe from harm or abuse.

Every adult in the Church has to help keep children safe by following the policy of the National Board for Safeguarding Children in the Catholic Church in Ireland



The policy says that adults should...

- Treat children with respect at all times
- Never shout at children
- Never hurt children
- Always keep children safe from adults who could hurt or abuse them
- Make sure children treat each other with respect

What is abuse?

Abuse can be... **Physical, Emotional, Sexual, Neglect or Bullying**

What should I do if someone hurts me?

If someone hurts you or makes you feel uncomfortable or upset you should always...

- **Tell them to stop – Say No!**
- **Get away from them**
- **Tell an adult you trust**

It is never your fault if someone hurts you and you should never keep secrets about it!

How can I help to keep myself and other children safe?

If an adult is hurting you or someone you know then you should tell an adult you trust or ring any of the following:

Local Safeguarding Representative:

Sr Lois Greene: Tel: 022 26411

Designated Liaison Person: Sr Sheila

Kelleher: Tel: 087 621 9346

Local Gárdaí: 025 82100

Gárdaí: National Protective Bureau

Harcourt Square, Dublin 2

Tel: 01 666 3423

Dedicated 24hr Freephone line: 1800 555 222

Túsla (Local): 022 54100

Cork: 021 492 3503

Kerry: 066 716 1415

Mid-West: 061 482 792

Túsla: Child and Family Agency National Office - Tel: 01 771 8500